

Pressure Plates!!

Group Size: Teams of between 6 and 12 people

Time: 90- 120 minutes

Location: Indoor or Outdoor

Multiple teams can participate and compete!



WHAT IS IT?

“Pressure Plates!!” is an activity involving planning, communication and teamwork at speed. It has a real physical element to it that teams enjoy, and has the added advantage of being able to run it indoors or out depending on your circumstances.

HOW DOES IT WORK?

The team is provided with a series of numbered “plates” and given 5 timed attempts at a specific task. The activity has to be completed faster on each attempt. All team members are engaged in planning the task, but not all take part. This raises questions of selecting the right people for the task, being clear on what is to be achieved, and trusting that they will deliver.

Most teams make a radical transformation in their performance during the activity.

In this activity, more than one team can take part, and when you have a number of teams competing against each other and the clock, it’s a real fun challenge!

WHAT DO YOU GET FOR YOUR MONEY?

“Pressure Plates!” is delivered in a silver attaché case with all of the equipment you need to run the activity for up to 3 teams.

The facilitator guide, handouts, PowerPoint slides, Evaluation sheets and Action plans are provided on a CD and can be re-used and re-printed as often as you like. There are no restrictions on how often you use the materials provided, so it can be used over and over again!

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call 01259 743880 or 07774 755302